



## COME AGAIN

What a day, you could say, it's so fine, we can play  
In the cool breeze blowing thru the yard  
So sit back, let it roll around the left leg and then down  
to the right

Get a taste of the sound, have a good look around,  
And step into groove the music brings  
Relax, the skies are blue; we'll laugh until we cry

Sunshine all around me and I'm so glad I found you  
The sunshine it surrounds me in a new direction  
Come along, come along

Anyway, Either way, you will find, that it's so hard to say,  
What such a beautiful melody can bring  
And to always remember what it's like to be free  
On the tip of my tongue, comes a verse so young  
Singing high above, some call it love, I call it love,  
I call it love, love, love

Sunshine all around me and I'm so glad I found the  
The sunshine it surrounds me a new direction  
Come along, come along  
come along, sing along along

solo

Sunshine all around me and I'm so glad I found you  
The sunshine it surrounds me in a new direction  
Sunshine all around me, the time has come when I  
found you  
The sunshine it surrounds me such a cool connection  
Come again, come again (won't you)  
come again, come again

and don't forget to bring that FM radio...

## 200,000 MILES

Out from the mainland and I don't know where  
I get the feeling no one really cares  
On and on and on and still nowhere  
Wake every morning, just to see your still not there

Grabbed a cab, took it main to three  
It took me places that I longed to be  
Even now, I can still see the faces  
They're calling out to me, please come back home again

200,000 miles can't keep me away  
200,000 trails are not so far away

Up at nine and I'm down by five  
And even now I still do not realize  
Over and over and over, the same routines  
Day in to day out this is not what I was promised

Another Sunday, more time wasted  
Can't find my feelings, oh there off on their own again  
Even then I still had my pride  
Wake every morning just to find it by my side

200,000 miles can't keep me away  
200,000 trails are not so far away

My heart still burns inside, my smiles cry  
Yet even after I, have gone away  
To get to the other side, I would've died  
But for tomorrow, tomorrow will bring me back

Bring me home Out from the mainland and I don't know  
where  
I get the feeling no one really cares  
On and on and on and still nowhere  
Wake every morning, just to see your still not there

Another Sunday, more time wasted  
Can't find my feelings, oh there off on their own again  
Even then I still had my pride  
Wake every morning just to find it by my side

200,000 miles can't keep me away  
200,000 trails are not so far away



## IT'S ABOUT TIME

She said, she said you're only dreaming, open your eyes, quit your screaming  
You been talking in your sleep again, telling everybody its OK  
When you gonna talk about it, When you gonna let me in?

In your head the rain clouds will surely wash away

It's about time you set yourself aside for someone else to see  
It's about time you knew your best is always good enough for me

She said she said you're only dreaming, open your heart, see it beating  
Afraid of the cost and all that you've lost, the ones that left you  
Look into your heart, as you search for your identity

In your head, the rain clouds will surely wash away

It's about time you set yourself aside for someone else to see  
It's about time you took your life less seriously  
It's about time you love yourself just like the way you want to be  
Instead of feeding on the little things that never did you any good at all

And what she said, the words sting so clearly now  
The rain clouds have washed away

It's about time you set yourself aside for someone else to see  
It's about time you knew your best is always good enough for me  
Its about time you look yourself right in the eye  
Instead of feeding on the little things that never did you any good at all

Its about time, its about time, its about time

## IT WAS ONE OF THOSE DAYS

Lets you and me get together and roll on in the summer tide  
Could anything ever be so irresistible, oh so natural, so incredible  
Could anything feel so fine?

It was one of those days, when everything seems to be going your way  
The grass a little greener, life a little sweeter, uh huh  
It was one of those days, when everything seems to be going your way  
You can breathe a little deeper, see a little clearer, uh huh

Gonna make this day last forever, just you and me, we'll take our time  
Its just something 'bout the way you move, every little thing you do  
Girl I'm lovin' every bit of you  
Won't you be mine?

It was one of those days, when everything seems to be going your way  
The grass a little greener, life a little sweeter, uh huh  
It was one of those days, when everything seems to be going your way  
You can breathe a little deeper, see a little clearer, uh huh  
it was one of those days

Breathe a little deeper, see a little clearer, laugh a little louder,  
aint life a little sweeter, sit back relax, let it flow  
Now come a little closer, yeah just a little deeper,  
love a little longer, sweatin' in the fever  
Wont you be mine?

Just you and me were together your body, next to mine  
Could anyday ever be so irresistibile, oh so natural, so incredible  
Could day feel so fine?

It was one of those days, when everything seems to be going your way  
The grass a little greener, life a little sweeter, uh huh  
It was one of those days, when everything seems to be going your way  
You can breathe a little deeper, see a little clearer, uh huh



## HILLS AND VALLEYS

There is a rainfall the coldest of all to ever pass through  
me  
Along with a phone call, how quickly the tears fall  
And that's how you left me  
That's what I believe

The sun always rises, the familiar horizons are painted  
for us to see  
The world keeps on turning, forever we're learning  
And that's how you left me  
That's what I believe, that's what I can see

Hills and valley's, your always around me please take  
away my tears  
Always remember, our love won't surrender forever  
through the years  
That's what I believe

There lies a rainbow, tucked under a soft glow to never  
pass through me  
Along with the angels call, forever you'll gifts will fall  
And that's how you left me  
That's what I believe

Hills and valley's, always around me please take away  
my tears  
Always remember, our love won't surrender forever  
through the years  
These hills and valley's, forever astound me, you've  
taken all my years  
Always remember, our love won't surrender forever  
through the years  
That's what I believe

## HAPPY

From a distance the heat melts the sidewalk street  
The summer sun sits back lazy, breathes deep  
The traffic slows for no one, runs into the city that never  
sleeps  
The summer shuffle and the scuffle downtown on Main  
Street  
Look through a window she is sitting there waiting for  
me  
I catch her eyes and its no surprise she's smiling back  
at me  
Step through the hall and meet a waterfall rushes over  
me

Such a fine situation why are you uptight?  
Is there anyone home do you sleep at night?

Do you find you're baby loves you, are you happy?  
When she's with you, so happy? Are you crazy and  
happy?  
And could you ever ask for more?

She's like a rose always in bloom for me  
She always knows just what to say and how to make me  
feel  
On any day when I just can't say she can roll three  
words back silently  
Just so you know my heart just rolls over and over me

Do you find you're baby loves you, are you happy?  
When she's with, happy? Are you crazy and happy?  
And could you ever ask for more?

Such a fine situation why are you uptight?  
After 29 years you'd think you'd get it right  
When all and all comes down it feels so right

Do you find you're baby loves you, are you happy?  
When she's with, happy? Are you crazy and happy?  
And could you ever ask for more?

Sha la la la la la la...



## BOUNCE

There's a time and a place where nothing ever phases  
you  
You got nothing to prove  
With a will there's a way your finding that its so easy to  
do  
The things that you do

Do you know how they go, those who tread so lightly  
Divine in the course of fortune  
If you look you can see, they shine so brightly  
Along that path they're waiting for you

You can find me, bouncing around, upside down,  
everywhere  
So look around me, its something I've found,  
Anything's possible

There's a time and a place where nothing ever phases  
you  
You got nothing to lose  
Got your will, got your way, your finding out its easy and  
new  
In everything you do

You can find me, bouncing around, upside down,  
everywhere  
So look around me, its something I've found  
Anything's possible

Shine your light, move your head  
Lose your sight and see what's not around  
It's in your head stuck in those plastic eyes  
see the light, its coming around again

You can find me, bouncing around, upside down,  
everywhere  
So look around me, its something I've found  
Anything's possible

## ALL OF ME

There was no hello, no goodbye to end the story  
A sudden surprise, no second chances, passed down,  
laundered  
Washed up in the sand, trickle down slow  
She said take it slow, you know these things tend to  
confuse me,  
Use me, collect and then abuse me

You've left behind, the memories that fade  
For you, I'll do the time, the hours feel like days  
Take all of me

I had no idea, I never knew that dreams could be for real  
Cuz when you live them then you find out everything  
She said take it slow, you never know when the claws  
will reach you  
The jaws will come down strong, they're playing our  
favorite song

All that you find, the hours feel like days  
Everything we were, got lost along the way  
Read between the lines, and tell yourself it'll be O.K.  
Take all of me

I dreamed we were together again, the moonlight  
stroked your hair  
As lovers we danced, you looked me in the eye, held me  
close  
And said you'd never let me go

Sit here and I cry I call you back just to hear your voice  
speaking to me underneath me now  
In all that I found I never noticed the things that used  
me, confused me, collected  
And then abused me

And in all that you find, the hours feel like days  
Cuz everything we were got lost along the lonely day  
Read between the lines, and tell yourself it'll be ok  
Take my last breath, take all of me

You feel what you feel, the memories, uncertainties  
You deal, then you'll heal, take everything  
Take all of me.



## ARE YOU WITH ME NOW?

Take the keys lets go for a ride  
We've been around that block so many times  
Come just as you are  
We'll leave this troubled place behind

Cuz when I saw you out the other night  
You walked with him, but I didn't think it would fly  
Always been a little frayed at letting it show  
Now I'm afraid of letting you go

Its all right, did you think that you could just stop this  
now?  
all right, anything for you, if you'd just show me how  
Tonight, I've gotta know if your still with me now  
Are you with me now?

Remember the days kickin' back in your brother's car  
skipping school, So cool, getting high  
Now everything's crazy and I can't take much more  
If you were with me now then you'd fight for us now

Its all right, did you think that you could just stop this  
now?  
all right, anything for you if you'd just show me how  
Tonight, I've gotta know if your still with me now  
Are you with me now?

Stagger back and forth, each day away from you  
Stagger back and forth, there's nothing I won't do  
I fight these feelings for you, what you gonna do  
Are you with me now? Are you with me now?

Its all right, did you think that you could just stop this  
now?  
all right, anything for you if you'd just show me how  
Tonight, I've gotta know if your still with me now  
Are you with me now?

Are you with me now?

## FOR FREEDOM

The world is round, a man can be many things  
I am special and free, from all my past history  
I'm done with mirrors, I am over this great lie  
And I can see miles at a time

All those fears inside me, return to the distant night  
All those years inside me

I am, you are and we can travel oh so far  
I am, you are, we are free

Hey you, working so hard to make all your dreams come  
true  
You've been here before keep your foot in the door  
You've got the world at your feet

All those fears inside you, a mask from a different life  
All those years inside you  
who's dream is this anyway-

I am, you are and we can travel oh so far  
I am, you are, we are free

Around the world a man can be many things  
We can be special and free from all our past history  
Be done with mirrors, get over this great lie  
And you too can see miles at a time.

All those years inside you, we burn thru the darkest  
night  
No more fears years inside you,  
I'd rather be me-

I am, you are and we can travel oh so far  
I am, you are, we are free



## IN BETWEEN

I ride the night in search of the day  
When you were beside me, the fruits of our age  
Somewhere between crazy and perfectly sane  
In between conciseness, in an in between game

She said, come down and stay with me now  
All that we've been through can save this somehow  
But I have not the trust or the courage to stand  
All alone in this in between land

Onward I must go it's so simple and true  
But what lies before me lies within you  
To go would be crazy, to stay so insane  
No warm light to guide me to call out my name

Come down and stay with me now  
All that we've been through can change this somehow  
But I have not the guts or the patience in hand  
All alone in this in between land

So what you gonna do to me? yeah what you gonna  
say?  
When all the love has passed along, the passions all  
crept away  
And who you gonna settle for, when circumstance rears  
its head  
The angel in the window is old dusty and gray

Come quick Cinderella its off with your heels  
Your dancing in starlight in dreams surreal  
And wishing on stars fallen with age  
This is not what was promised, this is not why you saved

How much is enough? Where do I stand?  
The feelings of another, one woman to man  
So just go on and walk away, and ill chalk you up to one  
more day  
The peace of mind left behind is not quite the same

## LONE PRETENDER

Tell me why, this place is so empty  
They've all gone home, there's not a soul around  
And did you know, it always feels lonely,  
No moments to share, just an empty shell

Say hello to the lone pretender  
Lost in a time and unchanging forever  
To see what this life's really for  
Did you really believe in the lies?

Does your truth have a conscience  
Full of cute little sayings, be all you can be  
Have a drink to the King of the Could-Be's  
The Master of Maybe, just wait and you'll see

Wave goodbye to the lone pretender  
Lost in a time and unchanging forever  
You see its safe and sound inside  
Tell me what do you see

Just a child, who dreams to be different  
While begging to fit in, a travesty  
Do you think, you can make an exception  
And accept this confession, love the real me

all lyrics written by Doug Segree c: 2004